



Canadian Weightlifting Fédération Haltérophile Canadienne

January 8, 2020

Dear Sir / Madam:

Re: 2020 IWF Pan-American Championships [UPDATED]

On behalf of the CWFHC, we are pleased to provide you with an updated memorandum for the 2020 Pan-American Championships (the “**Competition**”) taking place in Santo Domingo, Dominican Republic from April 17 – 24, 2020. This memo provides you with some important information to help you and your athletes prepare for the Competition.

1. QUALIFICATION STANDARDS

Following an athlete appeal concerning the increase in qualification standards from 2018 to 2019 and the delayed release of the Preliminary Memo on the Competition in November 2019, the CWFHC has revised the qualification standards for 2020. These changes are in effect for the 2020 Pan American Championships only. Athletes and coaches should expect higher standards for the 2021 Pan American Championships.

Women

	45	49	55	59	64	71	76	81	87	87+
Total	144 kg	153 kg	168 kg	179 kg	186 kg	195 kg	201 kg	207 kg	214 kg	223 kg

Men

	55	61	67	73	81	89	96	102	109	109+
Total	214 kg	236 kg	257 kg	273 kg	289 kg	300 kg	309 kg	317 kg	325 kg	347 kg

2. FUNDING STANDARDS

The minimum threshold for an athlete to receive funding for the Competition remains 90% of the Marker, as detailed below, consistent with historical practice.

Women

	45	49	55	59	64	71	76	81	87	87+
Total	161 kg	172 kg	189 kg	201 kg	209 kg	219 kg	226 kg	233 kg	240 kg	251 kg

Men

	55	61	67	73	81	89	96	102	109	109+
Total	241 kg	265 kg	289 kg	307 kg	325 kg	338 kg	348 kg	356 kg	365 kg	380 kg

3. QUALIFICATION EVENTS

The very early date of this year's competition means that the regional championship events that traditionally served as Pan American qualifiers cannot serve as qualifiers this year. Instead, the following IWF and regional competitions scheduled within the six-month period before the Competition serve as the qualification events:

COMPETITION	LOCATION	DATE
49 th Challenge 210	Tramelan, SUI	October 24 – 27, 2019
Championnat Senior du Québec	La Prairie, QC	November 2, 2019
Ontario Provincials	Mississauga, ON	November 2, 2019
IWF Grand Prix ODESUR CSLP	Lima, PERU	November 8-10, 2019
Island Invitational	Nanaimo, BC	November 8-10, 2019
Manitoba Championships	Winnipeg, MB	November 23, 2019
AWA Provincials	Edmonton, AB	December 7, 2019
Synergy Strength Open	Saskatoon, SK	December 7, 2019
Nova Scotia Championships	Halifax, NS	November 23, 2019
Canadian Jr. Championships	Edmonton, AB	January 18, 2020
ROMA 2020 World Cup	Rome, Italy	January 27-31, 2020
Hokkaido Cup	Edmonton, AB	February 1, 2020
Winterlift Elite	Toronto, ON	February 1-2, 2020
BC Provincial Championships	Surrey, BC	February 8, 2020
DEADLINE FOR PRELIMINARY ENTRY – expected FEBRUARY 17, 2020*		
DEADLINE FOR FINAL ENTRY – expected MARCH 9 - 16, 2020*		

*These dates will be confirmed when the IWF publishes the Competition Regulation

Athlete rankings will be determined at the end of the qualification period.

4. CONFIRMATION OF PARTICIPATION

All qualified athletes, coaches, and support personnel who would like to participate in the Competition must submit their Declaration of Intent to Participate in the Competition and deliver the \$100 CWFHC Administration Fee by **Friday, January 31, 2019** at the latest. Declarations may be sent to Mr. Aaleem Patel, CWFHC Secretary-Treasurer by email at apatel@cwfhc.ca.

The CWFHC is working with our bank to set up an e-transfer system for payment of the administration fee. We will provide an update on the payment arrangements as soon as the Competition Regulation is released.

5. FUNDING FOR COACHES AND ATHLETES

(a) Athletes: The top 2 female and top 2 male athletes who meet the Minimum Threshold for Funding will receive 80% support for registration fees, anti-doping fees, and accommodations for 4 nights based on double-occupancy, and flight to Santo Domingo, Dominican Republic (Air Canada Basic Economy fare or equivalent).

(b) Coaches: The coach of the top female athlete and of the top male athlete will receive 100% support for registration fees, accommodations, and flight to Santo Domingo (Air Canada Basic Economy fare or equivalent). The CWFHC will determine the date by

which funded coaches must arrive in Santo Domingo after the IWF releases the Competition Regulation.

The CWFHC will determine the maximum number of coaches to send following the release of the Competition Regulation.

- (c) **Team Leader:** If the CWFHC determines that a Team Leader is required for this event, the Team Leader will receive 100% support for registration fees, accommodations, and flight to Santo Domingo (Air Canada Basic Economy fare or equivalent). The Team Leader is expected to arrive with or before the first group of athletes and coaches **and fulfil all other duties assigned by the CWFHC.**

The CWFHC will circulate a request for declarations of interest to serve as a Team Leader during the 2020 season. If a Team Leader is required for the Competition, the Team Leader will be selected from that roster.

6. ANTI-DOPING

The IWF has set February 17, 2020 as the deadline for filing Whereabouts. If you are not already registered in ADAMS, or if you need to reset the password to your ADAMS account, please contact Victor Twynstra at the Canadian Centre for Ethics in Sport by phone at 1(613) 521-3340 for assistance.

7. REGISTRATION FEES, ACCOMMODATIONS, TRAVEL

The CWFHC will circulate further details on registration fees, accommodation, travel, and deadlines following the IWF's release of the Competition Regulation. Flights to Santo Domingo are expected to cost between \$700-\$1000 in April 2020.

If you have any questions about this information, please contact the CWFHC at the email addresses below:

Craig Walker, CWFHC President	Don MacNeill, CWFHC VP-Technical
cwalker@cwfhc.ca	Macneilldentistrycorp1@gmail.com

Please note that all CWFHC personnel are volunteers performing this work in addition to their day jobs. While we strive to reply in a timely manner, it may take us some time to get back to you.

DISTRIBUTION LIST (January 8, 2020)

CWFHC Provincial Directors		
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