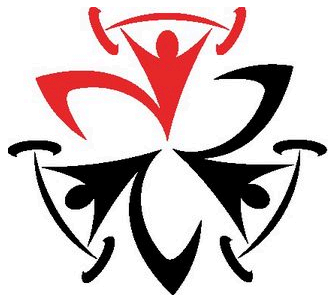


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# ONTARIO WEIGHTLIFTING ASSOCIATION

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  - Participate - AGM notice and we're hiring!
  - News - Technical Official Promotions
  - Coming Events and training opportunities
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- 

## Message From the President

I'd like to take this time to reflect on the success of Team Ontario at the Junior, Senior, and Master National Championships and extend a heartfelt thanks to all the volunteers and participants who played roles in Team Ontario's achievements.

First and foremost, I would like to express a deep appreciation to the dedicated head coaches who guided our teams to excellence. Hani Kanama, Clance Laylor, and Abdallah Alsebaai demonstrated commitment and passion while skillfully leading their teams.

Furthermore, I would like to recognize the efforts of our team leads who worked tirelessly behind the scenes. Craig Vandeweghe, Nichole Lee, Logan Baker, and

To all the volunteers and participants, whether you provided logistical support, officiated, or cheered from the stands, I'm deeply grateful for your contributions. Without your selfless dedication and enthusiasm, the team's success could not have been possible.

A sincere thanks go to the teams at Variety Village for hosting the 2023 Canadian Senior Championships and Driven Barbell for hosting the 2023 Canadian Masters Championships for your tireless efforts, and unwavering commitment. Together, we have created cherished memories and a legacy that will inspire future generations of athletes.

Mike Miller - OWA President

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## Annual General Meeting - Sept 9

In case you missed the earlier message, the next AGM is coming up soon.

**Date:** Saturday September 9, 2023

**Time:** 1:00 - 4:00pm

**Location:** Online and In-Person at Don Valley Hotel - Gallery East Boardroom  
175 Wynford Dr, North York, ON M3C 1J3

The Call for Agenda has been published. If you would like to add anything to the agenda, please send it to [info@onweightlifting.ca](mailto:info@onweightlifting.ca) before July 11.

2023 Annual General Meeting

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## Job Opportunity - Administrator

**Position:** Part-time contract

- Administrative duties and management of day-to-day operations of the organization, supporting the Executive Board and Competition Administrator, when applicable
- Managing membership registration system: reviewing individual and club memberships, mailing club certificates, maintaining club list
- Coordinating and attending monthly Executive Board and Annual meetings and preparing minutes
- Website maintenance and coordinating social media posts with Social Media Administrators
- Assisting with policy writing, editing and updating
- Assisting with grant applications, reporting and management
- Overseeing third-party online services (e.g. PayPal, Square, WePay, MailChimp)
- Financial responsibilities: payout reconciliation reports, bank deposits, cheque requisitions
- Assisting Quest for Gold committee with paperwork and communication
- Correspondence with membership, insurance, Ministry of Tourism, Culture & Sport, WCH and other sports-related organizations for non-competition-related information
- Aid where needed as directed by the President

**Qualifications:**

- Strong communication, interpersonal, time management and organizational skills
- Experience developing internal processes and filing systems
- Proficient in Microsoft Office, with aptitude to learn new software and systems
- Olympic Weightlifting experience is an asset, but not necessary
- Ability to work with minimum supervision
- The successful applicant will be required to provide a current Vulnerable Sector Police Reference Check

Email your resume to [info@onweightlifting.ca](mailto:info@onweightlifting.ca) by July 30, 2023.

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# Ontario Winter Games 2024

happening in February 2024 in Thunder Bay.

We are currently working on fundraising ideas to keep costs as low as possible however clubs should start planning fundraising initiatives now. The Ontario Games has made a commitment to cover half the travel costs involved.

We're aware there will be many questions, however, we are still in the initial planning stages. More information will be shared as it becomes available.

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## Promotions

The OWA would like to recognize the promotions of 3 of our Technical Officials...

- Irina Ivanova IWF 1
- George Vlahos IWF 1
- John Florento IWF 2

and special mention to Saskatchewan's Joanne Gasper IWF 2.

These individuals recently wrote and sat for their practical evaluations at the Canadian Senior Championships in Scarborough in May.

Well done and CONGRATULATIONS!

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## Upcoming Competitions and Events

These are OWA's upcoming events:

Please note that these events are subject to doping control.

### Summerfest - Toronto

August 12

Hosted by Toronto Weightlifting Club  
39 Cosentino Drive, Toronto, ON

### Club Challenge

August 26 - 28

Hosted at your local gym

[Register - Summerfest](#)[Register - Club Challenge](#)

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## 2023 Competition Development Evaluation

WCH has published new procedures for those wishing to be evaluated for Competition Development. Read all about it here.

[2023 Competition Development Evaluation](#)

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## Support Your Club! Become a Technical Official

If you are a supporter of Olympic Weightlifting or wish to contribute to the sport even when you're not competing, consider becoming a Technical Official. Having local officials means OWA spends less on travel fees, which can help reduce the cost of events.

Contact [VP Technical](#) Linda Rosario-Earnshaw to get started!

Need more information about how to get certified? See our [Certification Pathway](#).

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WINNERS



Have you registered for FlipGive yet?

OWA has qualified for a grant where if we raise \$100 through FlipGive by January 28, 2024, Home Hardware will match that \$100.

The goal of this fundraising effort is to help buy new uniforms for our Junior, Senior and Masters athletes.

Use code XT657R to sign up today.

[Start Shopping with FlipGive](#)



Our mailing address is:

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe](#)

