To the OWA Membership

At the 2024 Annual General Meeting September 14, 2024, the following OWA Executive Board positions are up for election:

VP Operations (2 years)
VP Administration (2 years)
VP Financial (2 years)

All terms begin and end on September 30th.

According to the OWA By-laws, to be considered for election, the following rules apply:

ARTICLE IV: GOVERNANCE

Election of Directors

- 4.3 <u>Eligibility</u> Any individual, who is eighteen (18) years of age or older, who is a resident of Canada as defined in the *Income Tax Act*, who has the power under law to contract, who has not been declared incapable by a court in Canada or in another country, who is a Regular Member of the Corporation in good standing, and who does not have the status of bankrupt, may be nominated for election as a Director.
- 4.4 Nomination Any nomination of an individual for election as a Director will:
 - a) Include the written consent of the nominee by signed or electronic signature;
 - b) Be submitted to the Registered Office of the Corporation seven (7) days prior to the Annual Meeting. This timeline may be extended by Ordinary Resolution of the Board.
- 4.5 <u>Nominations from the Floor</u> Nominations for elections of a Director will only be accepted from the floor if there is no candidate identified for a position.

DEADLINE FOR NOMINATION is Saturday, September 7, 2024.

Submit nomination to the OWA c/o Amanda Braddock, Administrator:

through the following form: https://form.jotform.com/242108060934046

by email: info@onweightlifting.ca

The OWA Executive Board is a hybrid, operational and governance model. Please consider your time available prior to submitting your name. At minimum, there are 9 meetings per year and, on average, 8-10 emails per day to review, comment on or action.

The duties of Officers are as follows (section 5.2 of OWA Bylaws, Duties of Officers):

- a) <u>Vice President Administration</u> The Vice President Administration handles correspondence, maintains an updated system of the Corporation's documents and records, and takes minutes at all meetings. The Vice President Administration shall issue notice for meetings, be responsible for internal and external communications and will assist the President as required.
- b) <u>Vice President Operations</u> The Vice President Operations receives and reviews all membership requests, handles incoming funds from Members, issues registration applications and cards, and provides membership data to the Board as required. Additional responsibilities include human resources, policy development, bylaws, Quest for Gold and appeal management.
- c) <u>Vice President Finance</u> The Vice President Finance shall manage the financial operation of the Corporation by keeping full and accurate books of account of the Corporation, preparing annual statements of the finances of the Corporation for the Annual Meeting, and issuing cheques on behalf of the Board.