



**Ontario Weightlifting Association
2024 Annual General Meeting DRAFT**

Meeting Details

Date and Time: Saturday, September 14, 2024, 1:00 – 3:00 p.m. EDT
Location: Diane Deans Greenboro Community Centre, 363 Lorry Greenberg Dr, Ottawa, ON K1T 3P8, and virtually via Google Meets

Call to Order & Welcome

OWA President Michael Miller called the meeting to order and welcomed all members at 1:05pm

Establishment of Quorum & Proxies

Quorum confirmed, with 25 members. 10 proxies were submitted.

Approval of Agenda with no Power to Add

Motion to approve: Mike Miller
Second: Linda Rosario-Earnshaw
Motion passed.

**Approval of September 2023 AGM minutes
available since Sept 13 2023**

Motion to approve: Eva Martens
Second: Greg Chin
Motion passed.

Presentation and Approval of Reports

President (Mike Miller)

Finances and Membership

- Discussion on inflation and effects on costs and fees; team fees and costs have increased due to larger team sizes.
- Membership slowly increasing; encouraging clubs to include non-competitive members has been effective.
- Discussion on slight increase in funding and restructuring of Q4G program to bring OWA in line with other sports.



- Review of new committees and team members for administration and social media within season.
- Overview of membership breakdown numbers (available in report)

Masters Initiatives

- Masters expansion initiatives; discussions ongoing with other provinces on streamlining memberships, records between OWA and WCHM

Competitions & Courses

- Updates re: enforcing membership and competition-qualifying regulations; increased competition historical data; photography partnership with Joel Kingston Photography.
- Update provided on success of Canadian Junior Championships and legacy items.
- Discussion on stabilizing competition calendar around Elite Competitions
- Discussion on strategies for future years
- callout for NCCP Facilitators
- Question from membership re: masters competition schedule within qualifying period - review of timing around Masters events to be undertaken.

Motion to approve: Eva Martens

Seconded by: Linda Rosario-Earnshaw

Motion passed.

VP Administration (Eva Martens)

- Discussion on success in Junior Canadian Championships; elements that will be continued in future large scale events
- Discussion on safe sport initiatives; improvements in timing club and membership timing
- Discussion of financial stability through funding increases and identification of areas of focus for Ministry of Sport
- Discussion on building membership increases through promoting clubs



- Outline of Sport Hosting Grant, application process, legacy investments, introduction of coaches and TOs seminar
- Discussion on other fundraising initiatives - FlipGive
- Discussion on upcoming strategic plan, policy reviews
- Overview of upcoming goals regarding grants

Motion to approve: Mike Miller

Seconded by: Linda Rosario-Earnshaw

Motion passed.

VP Technical (Linda Rosario-Earnshaw)

- Update on OWA's withdrawal from Ontario Winter Games and reasoning
- Update on Technical Official certifications and promotions
- Discussion on travel budget for Technical Officials
- Update on addition of Technical meetings to bring processes in line with National events and IWF

Motion to approve: Eva Martens

Seconded by: Greg Chin

Motion passed.

VP Finance (George Vlahos)

- Overview on revenues vs expenses; no major increases or losses this season with slight increase in revenue
- Increase in receiving grants and funding; timing of payments were in same calendar year impacting revenue display for this season
- Expenses were flat; prior year included covid-recovery grants; this season included payouts for Canadian Senior and Junior teams - including WCH payment for Senior athletes
- Overview of upcoming budget season 2024/2025 - some savings predicted in combining Junior & Senior camps



Motion to approve: Mike Miller
Seconded by: Linda Rosario-Earnshaw
Motion passed.

VP Operations (Dave Earle)

- Update on upcoming courses and evaluations and within past season;
- Discussion on benefits of moving Ontario Classic date to Fall
- No changes to qualifying standards; training camp recap and upcoming changes to camps
- Discussion on benefits of increasing non-competitive memberships

Motion to approve: Mike Miller
Seconded by: Eva Martens
Motion passed.

Report of Auditors

VP Finance reviewed 2023/2024 Report of Auditors.

Appointment of Auditors

Current accounting firm will no longer be doing audits; other accounting firms being sought and quotes to obtain review as required by Ministry;
Report and Appointment of Auditors

Motion to announce auditors after the AGM after further assessment:
Mike Miller
Second: George Vlahos

Motion to approve:
Seconded by:
Motion passed.



New Business

Motions made by membership in response to Call for Agenda Items

- No motions received.

Competition Bids

1. Competition Bids were voted on by Membership from Sept 12 - Sept 13, 2024.

Results of votes are as follows:

- Ontario Championships (Elite, SDC) – November 2025
Variety Village by acclamation
 - Youth/Junior Ontario Championships (Elite, SDC) – December 2025
Landmark x Justlift
 - WinterLift (Elite, SDC) – March 2025
Burlington Barbell Club
 - Ontario Classic (Elite, SDC) – September 2025
Burlington Barbell Club
 - Ontario Masters Championships (SDC) – April 2025
Burlington Barbell Club
2. Training Camps
 - Junior/Senior - Varbanov Weightlifting
 - Master - Burlington Barbell Club

Open Competition Dates - Confirmation of Dates

- Variety Village Open (SDC) - January 20, 2025: TBC no confirmation on date
- Ontario Masters Open (SDC) - February 22nd-23rd, 2025: Confirmed
- LxJ Winter Open - February 2025 - TBC
- Spring Open - March 2025 - TBC



- Kitchener Open - April 2025 Date TBC
- Northern Open - Nosemen & Valkyrie - Date TBC
- Toronto Cup - June 2025: TBC
- Summertime LiftOff- July 2025: TBC
- Summerfest (SDC) – August 2025: TBC
- Turkey Qualifier
- Ray Hamilton Classic (SDC) – October 2025: TBC
- Hybrid Open (SDC) – October 2025: TBC
- Richard Borden Memorial Open (SDC) – October 18th, 2025: confirmed
- Mistletoe Challenge – December 2025: TBC
- Holiday Open - December 2025 - confirmed will not be running

All above competitions to be confirmed within 2 weeks or they will be removed from competition calendar.

Nick Munro - discussion on club challenge weekends

Mohamed Badreldin - CanAM to confirm some dates for events

Nomination and Election of Executive Board positions

- **VP Operations:** 2-year term
Dave Earle by acclamation
- **VP Financial:** 2-year term
George Vlahos by acclamation
- **VP Administration:** 2-year term
Eva Martens by acclamation

Adjournment

Adjourned by Michael Miller at 2:39 p.m.