

[View this email in your browser](#)



# ONTARIO WEIGHTLIFTING ASSOCIATION

---

## In This Issue

- Message from the President
  - News - AGM Results
  - Call Out: Team Development Leader, Social Media Admin, Training Camp
  - OWA Athletes on the International platform
  - Lifetime Achievement Award
  - Welcome to our new Administrator
  - Coming Events and training opportunities
  - Uniform Fundraiser through FlipGive
  - Funding for Coaches - CAO Coach Bursary Program
  - Get involved - Become a Technical Official!
- 

## Message From the President

Dear Members of the Ontario Weightlifting Association,

I'd like to begin by mentioning that I am truly honored to have been elected as the President of the Ontario Weightlifting Association for my third consecutive two-year term. Your support and trust mean a lot, and it's a strong motivator to build and grow Weightlifting in Ontario.

expertise have been instrumental in our Association's success, and I look forward to working closely with her in the coming years.

In addition, it gives me great pleasure to recognize the remarkable achievement of Daniel Robitaille, who has been selected as an International Technical Official (ITO) for the upcoming Olympics. Daniel's journey has been a long and successful one, and I'm proud to have had the privilege of learning from him on several occasions. From my days as a 12-year-old boy attending his camps in Elliot Lake to the moment he graciously opened his home to me and became my first official OWA meeting as President of the OWA, his mentorship and guidance have been invaluable. I am thrilled to witness his well-deserved ascent to such prestigious heights in the sport.

I am pleased to announce that our Association completed our first competition quarter without being in a deficit since roughly a year pre-COVID. It was mostly due to the planning and hard work of our Competition Administrator, Dimitrije Mancic, and Vice President Technical, Linda Earnshaw. Their dedication ensures that our organization remains strong and sustainable.

Looking ahead, we have exciting events on the horizon. The Ontario Winter Games will take place in Thunder Bay, Ontario, providing a platform for young athletes aged 13-17 to showcase their talent and dedication. I have fond memories of competing in these Games as a young athlete in Northern Ontario and these games hold a special place in my weightlifting career. I'd like to mention the final competition before team selection is the Ontario Junior/Youth Championships, scheduled for December 9, 2023. It's an opportunity for our athletes to demonstrate their abilities and earn their spot on the team. The Junior Championships will also be an opportunity to meet the Junior Team Development Leaders who will guide junior athletes through the Junior Training Camps, Ontario Games, and National Championships.

In closing, I want to express my appreciation to all our members, coaches, and volunteers who make the Ontario Weightlifting Association a thriving and close-knit community. Your passion for the sport is truly inspiring, and together, we will continue to foster growth, camaraderie, and excellence in weightlifting across Ontario.

---

## Annual General Meeting - Results

The OWA Annual General Meeting was held on September 9, 2023. Thank you to all who attended virtually and in-person!

Full meeting minutes can be found at the link below.

Two Board positions were up for re-election - President and VP Technical.

### **Nomination and Election of Executive Board positions**

- President – 2-year term Mike Miller by member vote on September 8, 2023
- VP Technical – 2-year term Linda Earnshaw by acclamation

[2023 Annual General Meeting](#)

---

## Call Out: Team Leaders, Camps, Social Media

The OWA is now seeking applications for Team Development Leaders (formerly Team Leads), Social Media Administrators, and Training Camp Venues for the 2023/2024 season!

For more information and to apply, please see our call-out at the link below.

[Call Out Applications](#)

---

## On the International Stage:

It's been a busy year for OWA athletes competing in International events, and the next few months look to be just as exciting.

Congratulations to our athletes (and Technical Officials!) representing Ontario and Canada at the following events:

**2023 World Senior Championships - Riyadh, KSA September 4 - 17, 2023**

Boady Santavy

Amanda Braddock

Monica Knowlton

Shania Bedward

Maya Laylor

*OWA Technical Official: Daniel Robitaille*

**2023 Pan American Games - Santiago, CHI October 21-23, 2023**

Amanda Braddock

Maya Laylor

Noah Santavy

*OWA Technical Official: Linda Rosario-Earnshaw*

**2023 Junior World Championships - Guadalajara, MEX November 15 - 23, 2023**

Naomie Lusignan

Feras Sharaf Eldin

Bradyn Santavy

Xavier Lusignan

*OWA Technical Official: Francois Gravelle*

**2023 Grand Prix II - Doha, QAT December 4 - 14, 2023**

Amanda Braddock

Hannah Gula

Maya Laylor

Boady Santavy

Bradyn Santavy

Noah Santavy

# Lifetime Achievement Award

We're now accepting nominations for the LIFETIME ACHIEVEMENT 25-Year Club and 35-Year Club!

The OWA Lifetime Achievement Award was established in order to recognize the contribution of longstanding OWA members. The award is presented to all eligible members for their ongoing dedication and continued commitment to the sport of weightlifting and the advancement of the Ontario Weightlifting Association.

The Lifetime Achievement Award consists of both the 25-Year Club and the 35-Year Club and is presented annually in November at the Ontario Championships.

If you would like to nominate a member please fill out the form below.

[Nominate a Member here!](#)

---

## Welcome, Amanda!

Please join us in extending a warm welcome to Amanda Braddock, the new Administrator.

Amanda Braddock has been a member of the OWA since 2011 as an athlete, coach, Technical Official and former Competition Administrator. A 5-time Canadian Champion, she has competed regularly on Canadian international teams since 2015.

---

## Upcoming Competitions and Events

**2023 Richard Borden Memorial**

October 14, 2023

**NCCP Competition-Intro Evaluation**

October 14, 2023

919 York Rd, Guelph

### COMPETITION FULL

Registration closed - **Start-list available soon!**

919 York Rd, Guelph

### EVALUATION FULL

Registration closed - **Start-list available soon!**

### Ray Hamilton Open

October 21, 2023

Location: North Bay YMCA

186 Chippewa St W, North Bay

Registration now open - **closes Oct 7**

### 2023 Senior Ontario Championships

November 11, 2023

Location: Variety Village

3701 Danforth Ave, Scarborough, ON

Registration - **coming soon**

[Register - Ray Hamilton Open](#)

---

## Uniform Fundraiser! Give back through FlipGive

Have you registered for FlipGive yet? FlipGive allows part of your everyday online purchases through select retailers to give back to the OWA, at no cost to you.

If the OWA raises \$100 through FlipGive by January 28, 2024, Home Hardware will match that \$100.

**The goal of this fundraising effort is to help buy new uniforms for our Junior, Senior and Masters athletes.**

Use code **XT657R** to sign up today!

[Start Shopping with FlipGive](#)

---

# Funding for Coaches!

## NCCP Coach Bursary Program

Did you know that CAO provides up to \$300 in bursaries to coaches completing an NCCP Competition-Introduction or Competition-Development course or evaluation, as well as other NCCP courses and modules?

More information can be found at the link below.

[CAO Coach Funding](#)

---

## Support Your Club! Become a Technical Official

If you are a supporter of Olympic Weightlifting or wish to contribute to the sport even when you're not competing, consider becoming a Technical Official. Having local officials means OWA spends less on travel fees, which can help reduce the cost of events.

Contact [VP Technical](#) Linda Rosario-Earnshaw to get started!

Need more information about how to get certified? See our [Certification Pathway](#).



Our mailing address is:

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe](#)

