



**To:**  
PSOs, Athletes, Coaches

**Date:**  
December 21, 2022

**RE: 2023 IWF Youth World Championships – Preliminary Memorandum**

The 2023 IWF Youth World Championships will take place in Durres, Albania from March 25 to April 1, 2023. The International Weightlifting Federation has just provided us with preliminary information on the event, and we expect the usual delays in receiving the competition regulation. In the interest of time, we are therefore releasing this preliminary memorandum to help you prepare in advance of any deadlines that may become imminent. Funding levels for this competition have not yet been confirmed.

**Qualification Standards**

To qualify, athletes must achieve the following totals in competition:

**Women**

Category	40	45	49	55	59	64	71	76	81	81+
Youth	100	118	137	148	158	166	167	171	172	177

**Men**

Category	49	55	61	67	73	81	89	96	102	102+
Youth	158	191	210	233	235	242	253	277	256	274

**Qualification Period**

The qualification period for this event is July 23, 2022 – February 4, 2023.

**Expressions of Interest**

At this time we are seeking an expression of interest from each of the PSOs on behalf of their athletes. Please send an email to [Dfriesen@cwfhc.ca](mailto:Dfriesen@cwfhc.ca) with the following information for each of the athletes you are identifying for team selection:

- Athlete name
- Highest competition total
- Date highest competition total achieved
- Weight category for highest competition total
- Coach's name



- Next scheduled competition, if known

Please note that you should submit the names of all athletes that you believe have a reasonable chance of hitting the standard by the deadline so we can plan accordingly.

Expressions of interest must be accompanied by the usual WCH administration fee of \$100 (payable by e-transfer to [dfriesen@cwfhc.ca](mailto:dfriesen@cwfhc.ca)). Please note that WCH may impose a surcharge to offset sport accident insurance coverage and team leader costs following final registration.

This information is due no later than December 24, 2022.

#### **Whereabouts**

All athletes who wish to participate in this event must file Whereabouts for the period running from December 25, 2022 through to April 2, 2023 (inclusive) to be eligible for selection to Team Canada. Athletes who file Whereabouts after December 25, 2022 will not be considered for selection. Athletes who are not yet registered in ADAMS should contact Nick Pilon at the CCES ([npilon@cces.ca](mailto:npilon@cces.ca)) as soon as possible to begin that process.

We will provide additional information on the competition as soon as it becomes available.

**Best Regards,**

**Deanne Friesen**  
Secretary/Treasurer